

Name : \_\_\_\_\_

Acceptance into leagues will be based on the Tennis Canada Rating Guide. Players will only be accepted into groups that match their tennis number.

Evening and Weekend Leagues will run for 12 weeks and include court time, new balls and a pro to organize and play in when needed!

### Men's League Program

<b>Monday</b>	Masters 3.0-4.0 Doubles	1:30 – 3:30 PM 8:00 –10:00 PM
<b>Tuesday</b>	2.0-3.0 Doubles	7:00 – 9:00 PM
<b>Wednesday</b>	Masters	9:30 AM –11:30 AM
<b>Friday</b>	Volcano Mixed Social	7:00 – 9:00 PM
<b>Sunday</b>	3.0+ Singles	1:00 – 2:30 PM

### Women's League Program

<b>Monday</b>	2.5-3.5 Doubles	7:00 – 8:30 PM
<b>Wednesday</b>	2.5-3.5 Singles	7:00 – 8:30PM
<b>Thursday</b>	2.0-3.0 Doubles	1:30 – 3:00 PM
<b>Friday</b>	Volcano Mixed Social	7:00 – 9:00 PM
<b>Sunday</b>	2.5+ Singles	2:30 – 4:00 PM

Friday Mixed Doubles includes pizza after tennis.

Additional leagues, clinics or adult programs can be created if interest is shown.

## New Adult Programs

**Tuesday** Instant Tennis I 6:30-8:00 PM  
(8 week session) \$160

For people new to tennis. This class is for anyone who wants to try tennis out and meet others interested in the game of tennis. Topics will be based on moving players into entry level league play.

**Includes 2 hours of additional free court time**

**Wednesday** Cardio Tennis 7:00-8:00 PM  
\$10 per Session

Sign up weekly. This is a great way to hit a lot of balls and get your heart pumping. Players will be given movement based drills that will challenge your play and your fitness! Open to all levels and Adult members.

**Thursday** Instant Tennis II 6:30-8:00 PM  
(8 week session) \$160

For players moving up from instant tennis or players that are playing at a 2.0 level. Topics will be based on moving players up to a 2.5 level of play.

## Private Lessons

Lessons and Clinics are available from our Pro Staff

	Private	Semi-Private
<b>Head Pro:</b>		
Ryan Zeman	\$46/hr	\$31/hr
<b>Asst. Pro:</b>		
Brandon Alguire	\$36/hr	\$21/hr
Marko Petkovic	\$36/hr	\$21/hr
Renzo Bianchin	\$36/hr	\$21/hr



# Welland Indoor Tennis Club

1100 Niagara Street  
Welland, Ontario L3C 1M6

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## Adult Programs

October 1, 2010 to April 30, 2011

Web page: [www.wellandindoortennis.com](http://www.wellandindoortennis.com)  
e-mail: [info@wellandindoortennis.com](mailto:info@wellandindoortennis.com)